



Daily Schedule

Are you wondering what a typical day of camp will look like? While no two days are alike at Camp Keystone, this sample schedule gives an idea of activity types and daily flow.

Half Day

- 8:30am** **Welcome and salmon circle**
Land acknowledgement, salmon yoga, tree stretches, other movement
- 9:00am** **Nature theme introduction**
Outdoor lesson, activities, other crafts
- 10:00am** **Snack and stories**
Stories while campers are eating snacks
- 10:30am** **Outdoor exploration and investigation**
Outdoor lesson, games, team building, free play
- 12:00pm** **Snack and closing circle**
Campers share their favorite moments from the day (liked or learned "exit ticket")
- 12:30pm** **Goodbye, see you soon!**

Full Day

- 9:00am** **Welcome and salmon circle**
Land acknowledgement, salmon yoga, tree stretches, other movement
- 9:30am** **Transportation to Field Trip site**
- 10:00am** **Snack and stories**
Stories while campers are eating snacks
- 10:15am** **Nature theme introduction**
Outdoor lesson, activities, other crafts
- 12:00pm** **Lunch, stories, and rest time**
Stories while campers are eating lunch followed by rest time
- 1:00pm** **Outdoor exploration and investigation**
Outdoor lesson, games, team building, free play
- 2:00pm** **Snack and stories**
Stories while campers are eating snacks
- 2:15pm** **Transportation to NSEA**
- 2:45am** **Closing circle**
Campers share their favorite moments from the day (liked or learned "exit ticket")
- 3:00pm** **Goodbye, see you soon!**